Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dekoning Cindy

Coaches: De Wit Tessa HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:8, starttime: 09:15

Heat: 8/19 Lane : 1 Athlete: CLAESKENS LINA **Q-time: 01:35:38**

PB (25m pool): 01:34.31 Bilzen 14/01/2024 **PB (50m pool):** 01:36.17 **SB:** 01:43.06 Pelt 27/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:34.31	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ Heat:6, starttime: 09:50

Heat: 6/14 Lane : 6 Athlete: VAN MELE GUNNAR **Q-time: 01:19:67**

PB (25m pool): 01:19.67 Bree 21/12/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:19.67	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ Heat:10, starttime: 10:30

Heat: 10/20 Lane : 1 Athlete: CLAESKENS LINA **Q-time: 00:37:34**

PB (25m pool): 00:37.34 Hasselt 04/05/2025 **PB (50m pool):** 00:37.51 **SB:** no time

	25 M	50 M	
PB		00:37.34	
		00:37.34	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:9, starttime: 11:15

Heat: 9/9 Lane : 8 Athlete: BALLET EMILE — **Q-time: 02:27:72**

PB (25m pool): 02:27.72 Beringen 08/02/2026 — **PB (50m pool):** 02:31.51 **SB:** 02:27.84 Hasselt 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.15		01:12.50		no time		02:27.72
		00:35.15		*00:37.35*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:7, starttime: 11:30

Heat: 7/15 Lane : 1 Athlete: OOMS CéLIA — **Q-time: 01:19:63**

PB (25m pool): 01:21.70 Pelt 27/09/2026 — **PB (50m pool):** 01:19.63 **SB:** 01:21.70 Pelt 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:38.95		01:21.70	
		00:38.95		*00:42.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:8, starttime: 11:30

Heat: 8/15 Lane : 3 Athlete: POEL OONA — **Q-time: 01:18:10**

PB (25m pool): 01:18.10 Hasselt 04/10/2026 — **PB (50m pool):** 01:22.32 **SB:** 01:18.10 Hasselt 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.91		01:18.10	
		00:37.91		*00:40.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:9, starttime: 11:35

Heat: 9/15 Lane : 8 Athlete: MEYERS TRAPMAN ANNALINA — **Q-time: 01:17:86**

PB (25m pool): 01:17.86 Aarschot 26/04/2026 — **PB (50m pool):** 01:17.96 **SB:** 01:19.34 Pelt 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:36.89		01:17.86	
		00:36.89		*00:40.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: